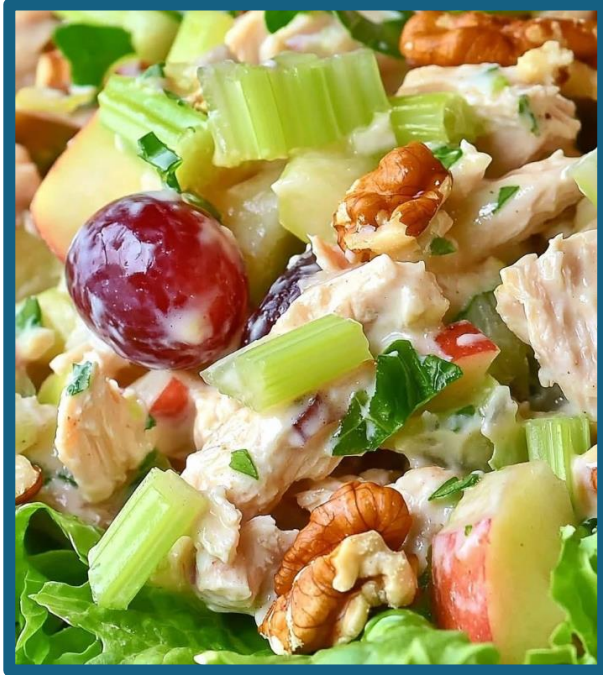


Chicken Waldorf Salad



Ingredients:

2 cups cooked chicken, chopped or shredded
1/2 cup red grapes, halved
1/2 cup celery, diced
1 medium red apple, chopped
1/3 cup walnuts, roughly chopped
1/4 cup plain Greek yogurt (or mayo)
1 tbsp lemon juice
Salt and black pepper, to taste
Lettuce leaves (for serving plate, optional)

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Prep Time: 15 minutes | Servings:

## Instructions:

### Prep Ingredients:

Chop chicken, apples, celery, walnuts, and grapes.

### Make Dressing:

In a bowl, mix yogurt, lemon juice, salt, and pepper.

### Toss Together:

Combine all salad ingredients in a bowl and fold in the dressing.

### Serve:

Scoop onto lettuce leaves or serve in a bowl as is. Chill if desired.