Greek Beef Pita with Garlic Yogurt Sauce



Instructions:

Cook Beef — In a skillet, heat oil, add beef, oregano, paprika, salt, pepper & garlic. Cook until beef is browned and cooked through.

Make Sauce — In a bowl, mix yogurt, garlic, lemon juice, dill/parsley, salt & pepper.

Warm Pita — Heat pita lightly (to soften).

Assemble — Spread sauce inside pita, add greens + tomato + cucumber + onion, then fill with cooked beef. Add feta if desired.

Serve — Serve immediately while warm and fresh.

Ingredients:

For the Beef:

1 lb ground beef

1 tbsp olive oil

1 tsp dried oregano

½ tsp paprika

3/4 tsp salt

½ tsp black pepper

1 garlic clove, minced

For the Garlic Yogurt Sauce:

½ cup plain Greek yogurt

1 garlic clove, minced

1 tbsp lemon juice

1 tbsp chopped fresh dill or parsley

Salt & pepper, to taste

For Assembly:

4 pita breads

Lettuce or mixed greens

Tomato, sliced

Cucumber, sliced

Red onion, thinly sliced

Optional: crumbled feta